

An Event Completion Report On "Joint Monitoring Visit with Ghorahi Sub-metropolitan City"

Date: - 27th Feb 2020



Suaahara- II "Good Nutrition Program"

1.1 Background

The *Suaahara II* Good Nutrition Program (2016-2021) aims to improve the nutritional status of women and children in 40 under-served rural districts of Nepal. This will be achieved through multi-sector consortium and partnerships with the government of Nepal (GON), the private sector, and other United States Government (USG)-funded projects in the overlapping districts.

There are four intermediate results (IR) in SUSAHARA II program. IR-1 focuses on improving nutrition behaviours of households. IR- 2 insisted on increased access and use of quality health services by women and children. IR- 3 focuses on homestead food production and IR-4 ACCELERATED ROLLOUT OF MNSP THROUGH STRENGTHENED LOCAL GOVERNANCE. There are seven consortium partners in this program .This project is led by Helen Keller International and local implementing partner is Backward Society Education BASE in Dang district. Under the year IV activities, one of the core activity is **joint monitoring visit with local stakeholders**.

1. Objectives: The specific objective of joint monitoring visit was to observe the community level activities by local stakeholders internalizing the importance of nutrition at community level and collect feedback from them. Another objective of visit was to strengthen the nutrition program owning by local stakeholders in upcoming days.

2. Planning

Short planning meeting was held on 25th Feb 2020 at office room of Ghorahi municipality. The main purpose of this meeting was to plan and observe community level activities conducted by Suaahara II program. So, 27th Feb 2020 was agreed for Joint observation & scheduled accordingly.

3. Coordination

Suaahara II PNGO (BASE) team lead by FC Sanjay Kumar Chaudhary started doing coordination with Mayor, Executive officer, Health and Education Coordinator with formal letter to invite the concern authorities & make the event successful.

4. Invitation

All the targeted stakeholders were invited with an official letter signed by PNGO. It was disseminated to the respective health coordinator for wider dissemination.

Key Community Level Activities Observation:

- 1. IFA orientation :** IFA orientation had been planned on 27th Feb 2020 at Shree Secondary school Ghorahi municipality ward no. 18 Rajena Dang. As per schedule of observation team arrived at school at 11:30 AM on above mentioned date. Observation team were welcomed by ward chairperson, school head teacher Uddhab



Neupane and his team. Sitting arrangement was set up properly for IFA orientation. After arrival of all participants and observation team, chairing session was proceeded by FS.

Those representatives who participated on chairing program were Mayor of Ghorahi municipality Mr. Naru lal Chaudhary, Deputy Mayor Sita Sikdel Neupane, Education coordinator Narayan Neupane & other crew members of municipality. At 12:00 PM, IFA orientation formally started with the power point presentation of NSBCC officer Lil bahadur Nepali. He started his facilitation with the objectives of IFA supplementation program to adolescent girls in Nepal. He showed the various statics data of Anaemia including province no.5. He also briefed the importance of taking iron and folic acid and its timing and dozing system. After over observation of IFA orientation, Mayor Narulal Chaudhary encouraged to adolescent girls to consume iron and folic acid properly and support to Gov. of Nepal to overcome on anaemia.

2. **Counselling system during Key life events:** Key life event denotes 3 key period of life (4th month, after having conception, 7 days period of delivery and completion of full breastfeeding).

These events are organizing at household level during the Pashni and antenatal/postnatal period and health mother group meeting for the 1st pregnancy check-up. Such types of events also organized on 27th Feb 2020 which was observed by monitoring team. During this period, relevant messages were provided to mothers and their family members through proper counselling by community nutrition volunteer Sakuntala chaudhary. Such types of messages helps to improve knowledge about child & mother's care, breast feeding, complimentary food, maternal nutrition, birth spacing etc.



3. **Food Demonstration:** Suaahara II program has been promoting homestead food production (locally available resources) as nutritious food for mothers and children. The main objective of this activity is to promote locally available food as nutritious food. To achieve the objective of this activity demo program organized on 27 Feb 2020 at Naulo Tole health mother group Ghorahi 18 where preparing methodology of nutritious porridge demonstrated. This activity was led by FCHV/ Field Supervisors. The demo activity was focus on preparing methodology of nutritious food using the locally available goods like Maize, Pumpkin, Eggs, vegetable etc. this activity was observed by monitoring team.



During the observation period, crew members were discussed with 1000 days mothers about their latest practices, basic needs and demands. They also encouraged to 1000days applying the knowledge that they learnt from the event especially for their own healthy children. Observers' also tested the flavour of demonstrated nutritious food during observation period.

4. **IEC/BCC materials:** Suaahara program has a lot of IEC/ BCC materials like wheel cart (NACS/IMAM), flip chart (MIYCN, Vegetable and Poultry), M-SATHI, booklets, calendar etc. which are used by field workers for proper counselling during HH visit, health mother group meeting, health facility visit, HF group meeting and other relevant meeting. Some are hang on wall of health facility and PHC/ORC. These all IEC/BCC materials are for proper counselling to target beneficiaries specially focusing on behaviour change. These materials are demonstrated on food demo spot of Naulo Tole health mother group meeting which was observed by monitoring team.

5. **Achievements**

- Community level activities conducted by Suaahara II "Good Nutrition Program" were enthusiastically observed by local stakeholders.
- Participants including observers were well informed about importance of nutrition during 1000 days period.
- They also observed the nutrition status of community which will support them on planning process in the part of community awareness program.
- . Performance appraisal of Suaahara program was done by municipal level stakeholders.

6. Challenges

Due to time constraint observers couldn't provide full time as planned in schedule.

7. Finding and Recommendation/ Way out

- The designed software activities are found fruitful for community nutrition so such types of activities should spread in household level.
- It would be good to support necessary materials during IFA orientation and ensure the consumption of IFA at school level.
- Ensure proper and maximum use of IEC/BCC materials during HH counselling by frontline workers.

8. Attendance

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हाजिरी फारम

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ट : *संस्था प्रस्तावे अन्व संघर्षा लयायत समुदायलाई पनि मुफ्तार्ज
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